

November 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Stand Tumb 6-7 Sen 2 – 7-8:30	3 Stand/Run 6-7 Youth 2 – 7-8:30	4	5
6 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	7 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2- 7-8:30	8	9 Stand Tumb 6-7 Sen 2 – 7-8:30	10 Stand/Run 6-7 Youth 2 – 7-8:30 Sen 3 -7-8:30	11	12
13 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	14 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	15	16 Stand Tumb 6-7 Sen 2 – 7-8:30	17 Stand/Run 6-7 Youth 2 – 7-8:30 Sen 3 -7-8:30	18	19
20 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	21 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	22	23 Stand Tumb 6-7 Sen 2 – 7-8:30	24 NO PRACTICE	25 NO PRACTICE	26 NO PRACTICE
27 NO PRACTICE	28 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	29	30 Stand Tumb 6-7 Sen 2 – 7-8:30	NORTHWEST XTREME Charmaine 503-710-8453 Chuck 503-330-7032 Dani 206-369-3296 nwxtremecheer@yahoo.com		



December 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
NORTHWEST XTREME Charmaine 503-710-8453 Chuck 503-330-7032 Dani 206-369-3296 nwxtremecheer@yahoo.com						1 Stand/Run 6-7 Youth 2 – 7-8:30 Sen 3 -7-8:30	2	3
4 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	5 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	6	7 Stand Tumb 6-7 Sen 2 – 7-8:30	8 Stand/Run 6-7 Youth 2 – 7-8:30 Sen 3 -7-8:30	9	10 Holiday comp Kentwood HS *Tenative		
11 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	12 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	13	14 Stand Tumb 6-7 Sen 2 – 7-8:30	15 Stand/Run 6-7 Youth 2 – 7-8:30 Sen 3 7-8:30	16	17 ATC Comp Issaquah		
18 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	19 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	20	21 Stand Tumb 6-7 Sen 2 – 7-8:30	22 Stand/Run 6-7 Youth 2 – 7-8:30	23 BREAK	24 BREAK		
25 BREAK	26 BREAK	27 BREAK	28 BREAK OPEN GYM 6-7:30	29 BREAK OPEN GYM 6-7:30	30 BREAK	31 BREAK		

January 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	2 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	3	4 Stand Tumb 6-7 Sen 2 – 7-8:30	5 Stand/Run 6-7 Youth 2 – 7-8:30 Sen 3 – 7-8:30	6	7	
8 UCA COMP Tacoma Conv	9 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	10	11 Stand Tumb 6-7 Sen 2 – 7-8:30	12 Stand/Run 6-7 Youth 2 – 7-8:30 Sen 3 – 7-8:30	13	14 Tenative Comp	
15 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	16 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	17	18 Stand Tumb 6-7 Sen 2 – 7-8:30	19 Stand/Run 6-7 Youth 2 – 7-8:30	20	21 Winter Classic Skyline HS	
Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	23 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	24	25 Stand Tumb 6-7 Sen 2 – 7-8:30	26 Stand/Run 6-7 Youth 2 – 7-8:30 Sen 3 – 7-8:30	27	28 ATC Nat'l Bellevue	
29 ATC Nat'l Bellevue	30	31		NORTHWEST XTREME Charmaine 503-710-8453 Chuck 503-330-7032 Dani 206-369-3296 nwxtremecheer@yahoo.com			

February 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Stand Tumb 6-7 Sen 2 – 7-8:30	2 Stand/Run 6-7 Youth 2 – 7-8:30	3	4
5 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	6 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	7	8 Stand Tumb 6-7 Sen 2 – 7-8:30	9 Stand/Run 6-7 Youth 2 – 7-8:30	10	11
12 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	13 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	14	15 Stand Tumb 6-7 Sen 2 – 7-8:30	16 Stand/Run 6-7 Youth 2 – 7-8:30	17	18 SPIRIT Comp Tacoma
19 SPIRIT Comp Tacoma	20 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	21	22 Stand Tumb 6-7 Sen 2 – 7-8:30	23 Stand/Run 6-7 Youth 2 – 7-8:30	24	25
26 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	27	28	29	NORTHWEST XTREME Charmaine 503-710-8453 Chuck 503-330-7032 Dani 206-369-3296 nwxtremecheer@yahoo.com		



March 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
NORTHWEST XTREME Charmaine 503-710-8453 Chuck 503-330-7032 Dani 206-369-3296 nwxtremecheer@yahoo.com						1 Stand/Run 6-7 Youth 2 – 7-8:30	2	3
4 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	5 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	6	7 Stand Tumb 6-7 Sen 2 – 7-8:30	8 Stand/Run 6-7 Youth 2 – 7-8:30	9	10		
11 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	12 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	13	14 Stand Tumb 6-7 Sen 2 – 7-8:30	15 Stand/Run 6-7 Youth 2 – 7-8:30	16	17 All State Comp Tacoma		
18 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	19 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	20	21 Stand Tumb 6-7 Sen 2 – 7-8:30	22 Stand/Run 6-7 Youth 2 – 7-8:30 Sen 3 – 7-8:30	23	24		
25 NCA Comp Tacoma	26 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	27	28 Stand Tumb 6-7 Sen 2 – 7-8:30	29 Stand/Run 6-7 Youth 2 – 7-8:30	30	31		

April 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	2 Run Tumb 6-7 Youth 2- 6-7:30 Sen 2 – 7-8:30	3	4 Stand Tumb 6-7 Sen 2 – 7-8:30	5 Stand/Run 6-7 Youth 2 – 7-8:30	6	7
8 Top Girl 11-12 Sen 3 Tumb 12-12:30 Sen 3 – 12:30-3:30	9 Youth 2- 6-7:30 Sen 2 – 7-8:30	10	11 Sen 2 – 7-8:30 Sen 3 – 7:30-9	12 Fly out to Anaheim	13	14 AMERICAN CHEER Anaheim, CA
15 AMERICAN CHEER Anaheim, CA	16 _____ CLOSED	17 _____	18 _____	19 _____ CLOSED _____	20 _____	21
22	23	24	25	26	27	28
29	30			NORTHWEST XTREME Charmaine 503-710-8453 Chuck 503-330-7032 Dani 206-369-3296 nwxtremecheer@yahoo.com		

